



healthy kids, happy families

Parents®

get set for school!

- * 38 easy lunch-box ideas
- * 11 genius ways to teach ABCs
- * 6 health secrets for good grades

A PRINCIPAL MOM'S DISCIPLINE DO'S

we rescued Rosie Pope's breakfast! page 218

WHAT MAKES YOUR TODDLER TICK

de-stress the craziest moments of your day

MOTIVATE YOUR CHILD
no nagging, no bribing, no kidding

special report

HOW SAFE IS YOUR SCHOOL?

AL

SEPTEMBER 2013 PARENTS.COM

style

PLAY WITH PATTERN USING SIMILAR COLORS

*cute animal
faces are all over
clothes and
accessories this fall*

Stripes, florals,
geometric prints; it all
works! Sweater, \$49;
teacollection.com;
corduroy shorts, \$75;
millionsofcolorsny.com;
footless tights, \$29;
lunaleggings.com; Sew
Heart Felt purse, \$29;
alexandalex.com;
Kelpie Flare boots,
\$90; clarksusa.com



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clothes. See page
276 for details.