



healthy kids, happy holidays!

Parents

10 best children's books of 2013

JOY to the family!

- 36 budget gifts
 - 8 ornaments little hands can make
 - 5 cookies Santa will love
- plus 8 ways to change the world for kids

urgent-care center vs. the E.R. make the right choice

stop the picky-eater madness! get baby no. 2 to sleep*

DECEMBER 2013 PARENTS.COM

QUIZ r u raising a digitally healthy kid?

DV

*without waking up no. 1

THIS MONTH'S TOP 10 FAVORITES

OUR MUST-HAVE, MUST-SEE, MUST-DO LIST



1 up your elf game

It's time to break out Santa's spy! Search Pinterest for "elf on the shelf" to get clever ideas for where to park the merry prankster. (Maybe he's making a "snow" angel in flour on the table?) New this year: a jaunty scarf and boots. 4 to 8 years, \$30 for elf and book, \$7 for accessories; target.com

2 give a twirl

Pink Chicken collaborated with Luna Leggings to make girls' tights with a tutu attached; they're stretchy, soft, and easy for your child to get on and off herself. Available in sizes 2-4, 4-6, and 6-8. \$42; lunaleggings.com



10% of the proceeds from these tutu tights go to Cookies for Kids' Cancer.